



# White radish and swine scapular cartilage models for auricular framework carving training

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**Background:** The aim of this study is to develop a two-stage training module using radish and swine scapular cartilage for carving ear cartilage.

**Methods:** In the first stage, white radish was cut in 3–6 mm thick slices. The ear cartilage framework was carved using a graver and the helix and antihelix were fixed with pins. In the second stage, swine scapular cartilage was obtained. The thickness varied 3–6 mm. The ear cartilage framework was made. And triangular fossa and scaphoid fossa were carved with graver. A curvilinear cartilage for helix was assembled to the framework by pin fixing. Six participants were recruited for an ear reconstruction training workshop and figures of the cartilage framework were provided. Participants were asked answer the pre-workshop questionnaire and post-workshop questionnaire on a Likert scale to rate their satisfaction with the outcome.

**Results:** On the pre-workshop questionnaire, participants indicated that they did not have sufficient knowledge and skill for fabricating the ear cartilage framework ( $1.5 \pm 0.5$  using white radish;  $1.3 \pm 0.5$  using swine scapular cartilage). On the post-workshop questionnaire, participants responded that they had learned useful knowledge from this workshop, reflecting a significant improvement ( $3.8 \pm 1.0$  using white radish;  $4.0 \pm 1.1$  using swine scapular cartilage). They also indicated that they had become somewhat confident in this skill ( $4.2 \pm 0.8$  using white radish;  $4.3 \pm 0.5$  using swine scapular cartilage). The participants generally found the workshop satisfactory (practically helpful,  $4.7 \pm 0.5$ ; knowledge improved,  $4.8 \pm 0.4$ ; satisfied with course,  $4.5 \pm 0.5$ ; would recommend to others,  $4.8 \pm 0.4$ ).

**Conclusion:** This model can be useful for ear reconstruction training for medical personnel.

**Keywords:** Congenital microtia / Ear auricle / Education / Models, anatomic / Simulation

Original Article

## INTRODUCTION

The most common clinical technique for ear reconstruction is surgical reconstruction with autologous tissue. This procedure requires the surgeon to have a high level of manual dexterity and

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artistic technique when carving and sculpting the harvested costal cartilage. The aesthetic outcomes of these surgical procedures are highly dependent on the experience of the surgeon [1]. Some models for training have been developed using soaps and alloplastic materials [2-4]. Recently, ox scapular cartilage was introduced to simulate carving ear cartilage [5]. In our previous study, swine scapular cartilage was obtained for a nasal septal cartilage model. The thickness was 3 to 6 mm, and the size varied depending on the animal's weight [6]. The aim of this study is to develop a two-stage training module using a radish and swine scapular cartilage for carving ear cartilage.

## METHODS

### Stage 1: White radish model

A white radish was cut in 3- to 6-mm-thick slices. The ear cartilage framework was carved using a graver. The helix and anti-helix were fixed with pins (Fig. 1).

### Stage 2: Swine cartilage model

Swine scapular cartilage was obtained. The thickness varied from 3 to 6 mm (Fig. 2A). The ear cartilage framework was made (Fig. 2B). And triangular fossa and scaphoid fossa were carved with graver (Fig. 2C). A curvilinear cartilage for helix (Fig. 2D) was assembled to the framework by pin fixing (Fig. 2E).

### Participants

Six participants (three plastic surgery residents and three graduate

students) were recruited for an ear reconstruction training workshop. Figures of the cartilage framework were provided [7,8].

### Study outcomes

At the onset of the study, all participants were asked to complete a Likert-scale questionnaire. The pre-workshop questionnaire consisted of the item, "I have sufficient knowledge and skill for fabricating the ear cartilage framework" (Supplemental Table S1). The post-workshop questionnaire consisted of the following items: "I learned useful knowledge from this workshop," "I became somewhat confident in this skill after the workshop," and "This workshop was helpful practically" (Supplemental Table S2).

Participants were asked to rate their satisfaction with the outcome on a Likert scale (5: definitely yes, 4: yes, 3: moderate, 2: no, 1: definitely no).

## RESULTS

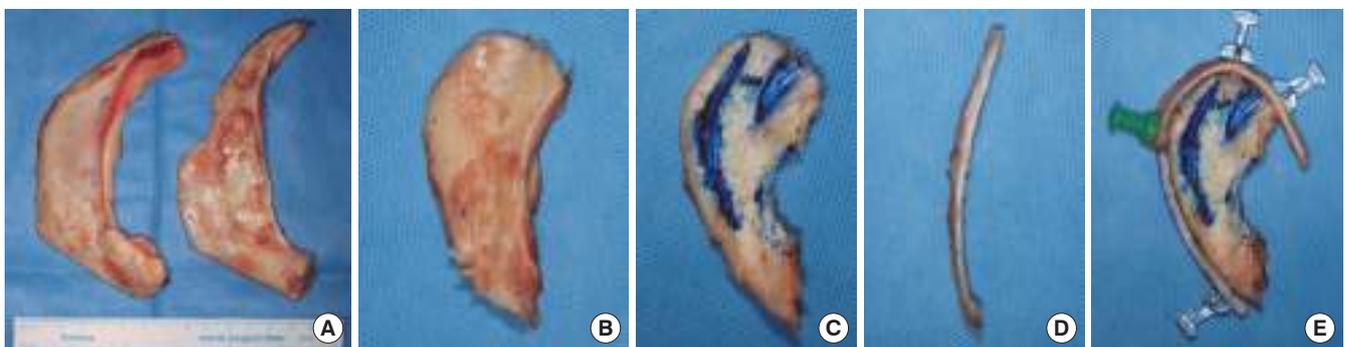
On the pre-workshop questionnaire, participants indicated that they did not have sufficient knowledge and skill for fabricating the ear cartilage framework ( $1.5 \pm 0.5$  using white radish;  $1.3 \pm 0.5$  using swine scapular cartilage).

On the post-workshop questionnaire, participants responded that they had learned useful knowledge from this workshop, reflecting a significant improvement ( $3.8 \pm 1.0$  using white radish,  $p = 0.001$ ;  $4.0 \pm 1.1$  using swine scapular cartilage,  $p < 0.001$ ). They also indicated that they had become somewhat confident in this skill ( $4.2 \pm 0.8$  using white radish,  $p < 0.001$ ;  $4.3 \pm 0.5$  using swine scapular cartilage,  $p < 0.001$  [independent two-samples *t*-test]) (Table 1).

The participants generally found the workshop satisfactory (practically helpful,  $4.7 \pm 0.5$ ; knowledge improved,  $4.8 \pm 0.4$ ; satisfied with course,  $4.5 \pm 0.5$ ; would recommend to others,  $4.8 \pm 0.4$ ) (Table 2).



**Fig. 1.** Auricular cartilage frameworks using white radish.



**Fig. 2.** Auricular cartilage framework using swine scapular cartilage. (A) Harvested swine scapular cartilage. The thickness varied from 3 to 6 mm. (B) The ear cartilage framework was made. (C) Triangular fossa and scaphoid fossa were carved with graver. (D) A curvilinear cartilage for helical rim. (E) Framework assembled by pin fixing.

**Table 1.** Answers to ear reconstruction training

Answer	Model			
	White radish	p-value	Swine cartilage	p-value
Pre-workshop				
Knowledge, skill	1.5 ± 0.5		1.3 ± 0.5	
Post-workshop				
Knowledge	3.8 ± 1.0	0.001	4.0 ± 1.1	< 0.001
Confidence of skill	4.2 ± 0.8	< 0.001	4.3 ± 0.5	< 0.001
Practically helpful	4.7 ± 0.5		4.5 ± 0.8	

Values are presented as mean ± SD. Participants were asked to rate their satisfaction with the outcome of a Likert scale (5: definitely yes, 4: yes, 3: moderate, 2: no, 1: definitely no).

## DISCUSSION

Microtia reconstruction is a challenging procedure for trainees. The most complex part is learning how to fabricate a framework from costal cartilage. Some models have been developed for training using soaps, alloplastic materials, or ox scapular cartilage. Murabit et al. [2] used silicone costal cartilage models. Thadani and Ladani [3] wrote that a silicone dental impression material yielded a consistency and texture that were comparable to those of real costal cartilage. Erdogan et al. [4] used a polyvinyl chloride plastic eraser since its texture was similar to that of human costal cartilage. Agrawal [5] used ox scapular cartilage because its consistency, flexibility, and cutting experience almost matched that of human costal cartilage. Trainees also might use human rib cartilage from cadavers, however, fixed cadaveric cartilages are not easily available and too hard to carve because they are dehydrated and usually from old aged donors. In our previous study, swine scapular cartilage was obtained for a nasal septal cartilage model. The thickness was 3 to 6 mm, and the size varied depending on the animal’s weight [6].

Our model can be simply made using easily obtained white radish and swine scapular cartilage, which are available at grocery stores and butcher shops, respectively. Using a burin and pins, trainees could feel the tactile sensation of carving a radish or cartilage. Radish model is easy to carve, so the trainees can express their creativity. However, radish does not have similar consistency with human rib cartilage. Swine scapular cartilage has similar consistency with human rib cartilage. After becoming skilled with radish model, swine scapular cartilage can also be carved easily for desired framework. Through a training workshop using our model, three residents and three graduate students who had never previously performed ear reconstruction obtained a full understanding of the procedures. They all became somewhat confident in their knowledge and skill after the workshop.

The present study is a study based on one department and has

**Table 2.** Satisfaction to the workshop

Question	Score
Practically helpful	4.7 ± 0.5
Knowledge improved	4.8 ± 0.4
Satisfied with this course	4.5 ± 0.5
Will recommend this course to others	4.8 ± 0.4

Values are presented as mean ± SD. Participants were asked to rate their satisfaction with the outcome of a Likert scale (5: definitely yes, 4: yes, 3: moderate, 2: no, 1: definitely no).

limited number of participants. Further study would be followed based on larger workshop for the trainee at congresses. With larger numbers of participants, better assessment tool other than pre- and post-workshop self-report could be applied. This model can be useful for ear reconstruction training for medical personnel.

## NOTES

### Conflict of interest

No potential conflict of interest relevant to this article was reported.

### Ethical approval

The study was approved a special exemption by the Institutional Review Board of Inha University School of Medicine (exemption No. 200708-1A).

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### Supplementary material

Supplementary Table S1. Pre-workshop questionnaire.

Supplemental data can be found at: <https://doi.org/10.7181/acfs.2020.00297.S1>.

Supplementary Table S2. Post-workshop questionnaire.

Supplemental data can be found at: <https://doi.org/10.7181/acfs.2020.00297.S2>.

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**Supplementary Table S1.** Pre-workshop questionnaire

- Title: Ear reconstruction training workshop
- Date:

Thank you for participating in the ear reconstruction training workshop. This survey is conducted to ensure that the content of the course is faithful to gather the basic data necessary to improve the efficiency and quality of the class. Please write your opinions honestly in the evaluation form below.		
<b>General</b>		
1. Professional or Academic level <input type="checkbox"/> Intern <input type="checkbox"/> Resident <input type="checkbox"/> Foreign doctor <input type="checkbox"/> Graduate student		
2. Experience of observation of ear reconstruction <input type="checkbox"/> Yes <input type="checkbox"/> No		
5: Definitely yes      4: Yes      3: Moderate      2: No      1: Definitely no 		
< 5 to 1 points >		
<b>Procedure</b>	<b>Question</b>	<b>Score</b>
Carving ear cartilage framework with white radish	I have knowledge and skill for this procedure	
Carving ear cartilage framework with swine scapular cartilage		

**Supplementary Table S2.** Post-workshop questionnaire

- Title: Ear reconstruction training workshop
- Date:

Thank you for participating in the ear reconstruction training workshop. This survey is conducted to ensure that the content of the course is faithful to gather the basic data necessary to improve the efficiency and quality of the class. Please write your opinions honestly in the evaluation form below.		
<b>General</b>		
1. Professional or Academic level <input type="checkbox"/> Intern <input type="checkbox"/> Resident <input type="checkbox"/> Foreign doctor <input type="checkbox"/> Graduate student		
2. Experience of observation of ear reconstruction <input type="checkbox"/> Yes <input type="checkbox"/> No		
5: Definitely yes      4: Yes      3: Moderate      2: No      1: Definitely no 		
<b>Procedure</b>	<b>Question</b>	<b>Score</b>
<b>Knowledge</b>		
Carving ear cartilage framework with white radish	I learned useful knowledge from this workshop	
Carving ear cartilage framework with swine scapular cartilage		
<b>Confidence of skill</b>		
Carving ear cartilage framework with white radish	I became somewhat confident for this skill after workshop	
Carving ear cartilage framework with swine scapular cartilage		
<b>Practically helpful</b>		
Carving ear cartilage framework with white radish	This workshop was helpful practically	
Carving ear cartilage framework with swine scapular cartilage		
<b>Satisfaction</b>		
The technical process is practical helped me as a doctor.		
After the procedure, I improved my knowledge of ear reconstruction skills.		
I am satisfied with my participation of the ear reconstruction training workshop.		
I would like to recommend the ear reconstruction training workshop to others.		